REGIONAL SCHOOL DISTRICT #15

LUNCH MENU for all
Region 15 Middle Schools
Lunch Price - $2.90

Boar's Head Lunch - $3.40
Milk Price - $.50

June 2016

FUELING OUR STUDENTS DAILY

Monday thur Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Alternate Lunches Deli Bar Chef Salad Plater Parfait Grab & Go Wraps Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored			[1] **Hamb or Chburger on a bun** Fries Veggies Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[2] ***Chicken Quesadilla*** Salad Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[3] **Pizza** Romaine Lettuce Salad Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored
All lunches are served with a choice of fruit, vegetable, corn & bean salad and Milk-- 1%, Skim or fat free flavored Take at least 3 food groups for a healthy meal: fruit or vegetable or both Whole Grain Food Lean Protein Dairy	[6] **No School** **Teacher Work Day**	[7] **Chicken Patty on a roll** Oven Potatoes Veggies Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[8] **Mozzarella Sticks with Sauce** Garden Salad Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[9] **Toasted Cheese Sandwich** Veggies Oven Potatoes Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[10\ **Pizza** Romaine Lettuce Salad Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored
A La Carte Entrée: $2.50 A La Carte Fruit & Veg: $0.75 Bottle Water $1.30 Ice Cream $0.80 - $2.00 Snack Items: $0.50 - $2.00 Chips, ice cream or frozen fruit bars	[13] **Assorteded Entrée's & Sandwiches** Veggies Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[14] **Assorteded Entrée's & Sandwiches** Veggies Veggie Tray or Corn & Bean Salad Rainbow Fruit Tray Milk-- 1%, Skim or fat free flavored	[15] **1/2 Day** **No Lunch**	[16]	[17]
Please Note: Students that do not bring a lunch or have inadequate money or no money for lunch will not be allowed to charge school meal.	[20]		[23]	[24\
The Food Service Department is looking for substitute help in our Cafeterias. Please contact Peter Brooks at 203-758-8511, ext 8	[27]			[30\]	

Menu Subject to Change without Prior Notice